



DANCE IMPRESSIONS

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2023-2024 REC DANCE CLASS SCHEDULE - MORNING

MONDAY		TUESDAY		WEDNESDAY		THURSDAY		FRIDAY
BOUNTIFUL	FARMINGTON	BOUNTIFUL	FARMINGTON	BOUNTIFUL	FARMINGTON	BOUNTIFUL	FARMINGTON	FARMINGTON
	TAP/TECH/TUMBLE 1-2 9:30-10:45 AM ages 4 - 5 2nd yr					TAP/TECH/TUMBLE 1 9:30-10:30 AM ages 4+	TAP/TECH/TUMBLE 1 9:30-10:30 AM ages 4+	INTRO 2 DANCE 9:45-10:25 AM ages 2.5 - 3 1st yr
DYNAMICS 1-2 10:00-10:45 AM ages 3 - 4 1st yr	DYNAMICS 1-2 10:00-10:45 AM ages 3 - 4 1st yr					DYNAMICS 1-2 10:30-11:15 AM ages 3 - 4 1st yr	TUMBLE/JAZZ 1 10:30-11:15 AM ages 4 - 6	DYNAMICS 1-2 10:30-11:15 AM ages 3 - 4 1st yr
TUMBLE/JAZZ 1 10:45-11:30 AM ages 4 - 6	DYNAMICS 2-3 10:45-11:30 AM ages 4 - 5 1st/2nd yr							
	INTRO 2 DANCE 10:45-11:25 AM ages 2.5 - 3 1st yr							

2023-2024 REC DANCE CLASS SCHEDULE - AFTERNOON & EVENING

MONDAY		TUESDAY		WEDNESDAY		THURSDAY	
BOUNTIFUL	FARMINGTON	BOUNTIFUL	FARMINGTON	BOUNTIFUL	FARMINGTON	BOUNTIFUL	FARMINGTON
	TUMBLE/JAZZ 2 4:00 - 5:00 PM ages 5 - 7	TUMBLE/JAZZ 2 4:00 - 5:00 PM ages 5 - 7	DYNAMICS 1-2 4:00 - 4:45 PM ages 3 - 4 1st yr	TUMBLE/JAZZ 1 4:00 - 4:45 PM ages 4 - 6	DYNAMICS 1-2 4:00 - 4:45 PM ages 3 - 4 1st yr		COMBO FUN 2 4:00 - 5:15 PM ages 6 - 8
JAZZ/HIP HOP 1 5:00 - 5:45 PM ages 5-7	COMBO FUN 1 (Ballet/Jazz/Tumbling) 5:00 - 6:30 PM ages 5 - 7	CLASSICS 1-2 5:00 - 6:00 PM ages 4 - 5	TAP/TECH/TUMBLE 2 4:45-6:00 PM ages 5-6 prior tap experience	COMBO FUN 3 (Jazz/Hip Hop/Tumbling) 4:00 - 5:30 PM ages 7 - 9	TUMBLE/JAZZ 1 4:00 - 4:45 PM ages 4 - 6	TAP/TECH/TUMBLE 3 4:45-6:00 PM ages 6+ prior tap experience	TUMBLE/JAZZ 2 4:00 - 5:00 PM ages 5 - 7
TUMBLING 2 6:30 - 7:30 PM ages 10+	COMBO FUN 3 (Jazz/Hip Hop/Tumbling) 5:00 - 6:30 PM ages 7 - 9	CHEER PREP* 6:00 - 7:00 PM ages 10+	TUMBLING 1 6:00 - 6:45 PM ages 6+	JAZZ/HIP HOP 1 5:30 - 6:30 PM ages 6 - 8	CLASSICS 2-3 5:30 - 6:30 PM ages 5 - 7	JAZZ/HIP HOP 2 6:30 - 7:30 PM ages 8+	TUMBLING 2 6:00 - 7:00 PM ages 10+
JAZZ/CONTEMP/TECH* 7:30 - 8:30 PM ages 11+	PRE TEEN COMBO (Jazz/Hip Hop/Contemporary) 6:30 - 8:00 PM ages 9+		JAZZ/HIP HOP 2 6:45 - 7:45 PM ages 8 - 10	PRE TEEN COMBO (Jazz/Hip Hop/Tumbling) 6:15 - 7:45 PM ages 9+	JAZZ/CONTEMP/TECH* 6:30 - 7:30 PM ages 8-10	TUMBLING 1-2 7:30 - 8:15 PM ages 9+	
	TEEN COMBO (Jazz/Hip Hop/Contemporary) 6:30 - 8:00 PM ages 12+				COMBO FUN 3 6:30 - 7:30 PM ages 6 - 8		
					TUMBLING 2-3 7:30 - 8:30 PM ages 11+		

*THIS CLASS DOES NOT PARTICIPATE IN SEASONAL SHOWCASES OR RECITALS

FREE TRIAL CLASS FOR NEW STUDENTS!

Beginner to advanced levels welcome! **Classes begin Wednesday, September 6, 2023 and will run through Tuesday, May 21, 2024.** Unless otherwise noted in class descriptions, **Recreational Dance Classes perform in the Winter Showcase** (December 13-14) **& Spring Recital** (May 17-18). Wait lists will be created when classes fill. New classes will be created as necessary.

➤➤➤ READY? CLICK HERE FOR CLASS DESCRIPTIONS AND TO REGISTER TODAY!

CLASS DESCRIPTIONS

JAZZ | TAP | BALLET | CONTEMPORARY | HIP HOP | TUMBLING | CHEER

INTRO 2 DANCE

Classes meet 1 x per week for 40 minutes **ages 2.5 - 3**
This fun class is designed to introduce the youngest of dancers to dance. Dancers must be a minimum of 30 months by Sept 1. Students will explore musicality, movement and creativity while instilling a love for dance through basic ballet skills. Pink ballet shoes are required for the recitals. When the class is ready, the teacher will instruct you to get black tap shoes.

DYNAMICS OF DANCE, LEVELS 1-3

Classes meet 1 x per week for 45 minutes **ages 3 - 6**
A curriculum of classes at different levels as young dancers age and progress in ability up through kindergarten. Elementary tap & ballet principles are at the core and the focus is on the joy of movement. Curriculum levels are standard 1, 2 and 3 with increasing complexity. Black tap and pink ballet shoes required.

Dynamics 1-2 = 3-4 year olds in the 1st year of dance
Dynamics 2-3 = 4 year olds in 2nd year, 5 year olds in 1st year

CLASSICS OF DANCE

Classes meet 1 x per week for 60 minutes **ages 4 - 6**
This fun-filled class provides students interested in learning the classic forms of ballet and tap an opportunity to gain exposure. It offers structure for the more focused dancer and includes ballet. Black tap and pink ballet shoes required.

Classics 1-2 = 4-5 year olds
Classics 2-3 = 5-6 year olds

TUMBLE/JAZZ

Classes meet 1 x per week for 45 or 60 minutes **ages 4 - 9**
Perfect for those dancers who can't sit still! This class focuses on basic tumbling and dance skills to develop strength, coordination, movement. It's a wonderful introduction to a social classroom situation for both boys and girls. No shoes are required for this class.

Tumble/Jazz 1 = 4-6 year olds
Tumble/Jazz 2 = 5-7 year olds
Tumble/Jazz 3 = 7-9 year olds

TAP/TECHNIQUE/TUMBLE, LEVELS 1-3

Classes meet 1 x per week for 60 or 75 minutes **ages 4 +**
A fun class focused on three important styles of dance for dancers in Pre K and older. Dancers will learn rhythm, ambidexterity, timing in tap, flexibility, strength and basic tumbling skills. Dancers will also gain a basic technical foundation of ballet and jazz. A great combo class allowing dancers to explore three important genres. Levels progress in complexity. Black tap shoes required.

Level 1 = 4-5 year olds
Level 2 = 4-5 year olds (*must have prior tap experience*)
Level 3 = 5-6 year olds

TUMBLING, LEVELS 1-2

Classes meet 1 x per week for 45 or 60 minutes **ages 6 +**
Tumbling 1 = Ages 6+ for dancers wanting to learn the basics of tumbling while building upper body strength, focusing on proper technique to promote safe, healthy body alignment, and developing ambidexterity and gross motor skills. Class will learn cartwheels, roundoffs, back walkovers and more.

Tumbling 1-2 = Ages 9+. A continuation of Tumbling 1.

Tumbling 2 = Ages 10+. Dancers must have a backbend kick over and both sides of cartwheels at a minimum. This class is for those who have the strength/knowledge to move past the skills of Level 1.

Tumbling 2-3 = Must have prior tumbling experience. Class will work on and refine upper level skills.

No shoes are required for these classes.

COMBO FUN

Classes meet 1 x per week for 90 minutes **ages 5 - 9**
Combination classes are a great way for students to experience different types of activity with the main focus on having fun and enjoying dance. Classes are structured in different segments of ballet, jazz, contemporary, hip hop or tumbling skills depending upon age and specified class time. Dancers will be able to explore popular genres leading the industry and work to build the necessary strength and conditioning required for dance success. Dancers wear jazz shoes, foot undeez or bare feet for this class.

Combo 1 = 5-7 yr olds **Combo 2** = 6-8 yr olds **Combo 3** = 7-9 yr olds

PRE TEEN COMBO

Classes meet 1 x per week for 75 or 90 minutes **ages 9 +**
Combination classes are a great way for students to experience different types of activity with the main focus on having fun and enjoying dance. Classes are structured in different segments of ballet, jazz, contemporary, hip hop or tumbling skills depending upon age and specified class time. Dancers will be able to explore popular genres leading the industry and work to build the necessary strength and conditioning required for dance success. Dancers wear jazz shoes, foot undeez or bare feet for this class.

TEEN COMBO

Classes meet 1 x per week for 90 minutes **ages 12 +**
Combination classes are a great way for students to experience different types of activity with the main focus on having fun and enjoying dance. Classes are structured in different segments of jazz, hip hop, and contemporary. Dancers will be able to explore popular genres leading the industry and work to build the necessary strength and conditioning required for dance success. Dancers wear jazz shoes, foot undeez or bare feet for this class.

JAZZ/HIP HOP

Classes meet 1 x per week for 60 minutes **ages 6 - 10+**
A popular class concept that infuses the funky style of hip hop with the technical side of jazz. Students will learn the fundamentals of each style such as isolations and flexibility. Levels progress and increase in complexity. This class will encourage students to dance outside of the box and bring their own personality to each movement. We pride ourselves on being a family oriented dance studio and go out of our way to find clean age-appropriate music. Light soled sneakers, and jazz shoes or foot undeez are required.

Jazz/HH 1 = 6-8 yr olds **Jazz/HH 1-2** = 7-9 yr olds **Jazz/HH 2** = 8+ yr olds

JAZZ/CONTEMPORARY/TECHNIQUE* (School Team Prep)

Classes meet 1 x per week for 60 minutes **ages 8 - 11+**
Train in the fundamentals of technique, jazz, and contemporary. Dancers will learn short combinations and the essentials needed to participate on the jr high dance company, cheer team and/or high school drill teams. Don't miss out on these great classes to get your dancer where they need to be for their future dance goals!

CHEER SQUAD PREP*

Classes meet 1 x per week for 60 minutes **ages 10+**
For dancers ages 10+ who may be interested in trying out for their junior high cheer squad! Learn hip hop combinations, jumps, chants and more; with mock auditions held in the spring. Dancers will learn the necessary material to best prepare for cheer tryouts.

ADVANCED CLASSES Email us here for info on advanced technique or ballet class. We'd love to help you find a class to fit your goals!

*These classes do not participate in seasonal showcases or recitals.

TUITION

Hrs./Week	Tuition	Early Rate	Hrs./Week	Tuition	Early Rate	Hrs./Week	Tuition	Early Rate
40-45 Mins.	\$48	\$38	2 Hours	\$93	\$83	4.5 Hours	\$166	\$156
55-60 Mins.	\$58	\$48	2.5 Hours	\$109	\$99	5 Hours	\$179	\$169
1.25 Hours	\$68	\$58	3 Hours	\$124	\$114	5.5 Hours	\$191	\$181
1.5 Hours	\$80	\$70	3.5 Hours	\$138	\$128	6 Hours	\$205	\$195
1.75 Hours	\$88	\$78	4 Hours	\$152	\$142	Additional Hours	Half Hour = \$13	Hour = \$26

- Tuition is due the 1st of every month
- Early Rate: \$10 discount if paid by the 15th of the preceding month
- Tuition is calculated by the sum total of a family's account and hours

- \$35 Annual Registration Fee or \$55 Annual Family Registration Fee
- Registration fee and first month's tuition is due at time of registration**
- 4.1% credit card processing added to all credit card charges

➤➤➤ [View all Payment Policies, Studio Procedures, and Fee Schedule for Winter Showcase and Spring Recital Participation HERE](#) ◀◀◀